



# Massachusetts PATRIOT

Massachusetts Life Care Residents Association (MLCRA) APRIL – JUNE 2026

The Residents' Advocate – Management's Friend • *Serving our community for 28 years* • [www.mlcr.org](http://www.mlcr.org)

## Seniors in the AI Era: Benefits to Health Care, Independence, and Well-Being

Drs. Judi Foster and Keith Collins returned to the MLCRA annual meeting stage to share their knowledge about the growing role of Artificial Intelligence (AI) in the lives of older adults. Drawing on their experience running an AI discussion group at The Commons, they offered a tag-team presentation that included both personal anecdote and cutting-edge science.

Dr. Foster opened with a topic close to her own experience: hearing aids. Modern hearing aids, she explained, are powered by deep neural networks trained on tens of millions of sounds, enabling them to distinguish human speech from background noise, adapt to changing environments, and compress frequencies in real time. Sharing her own audiogram, she illustrated how AI-driven frequency compression has allowed her to recover sounds she had been missing — and, just as importantly, to remain socially engaged.

Dr. Collins then surveyed how AI is reshaping the physician-patient relationship. In Massachusetts and across the country,

roughly 60 percent of physicians now use AI transcription tools during office visits, freeing doctors to make eye contact and actually

converse with their patients again. Prescription refill chatbots are being piloted for routine medications in Utah, wearable sensors such as the Apple Watch are enabling remote patient monitoring and fall detection, and researchers are



developing “digital twins” — individualized simulations of patients’ biology — to predict how a specific person will respond to treatment before a single dose is given.

Dr. Foster addressed independence and mobility, noting that driver-assistance technology built into modern cars is helping seniors stay safely behind the wheel longer. She also highlighted autonomous taxis — now fielding over half a million weekly rides in California — as a mobility option that will soon expand eastward and showcased next-generation motorized “mobility robots” capable of navigating stairs and uneven terrain. **NB:** China highlighted their multi-talented robots during President Trump’s recent visit.

*Continued, pg. 2*

The presenters closed with a look at the frontier: AI-assisted early disease detection through pattern analysis of thousands of blood proteins, and AI-driven drug discovery. A notable example is the drug Rentosertib, developed in roughly three to five years — compared to the conventional ten to fifteen — to treat idiopathic pulmonary fibrosis, with promising results now in clinical trials. Similar approaches are being pursued for Alzheimer’s and Parkinson’s diseases.

The Q&A brought an important note of caution: AI systems can “hallucinate” — producing confident but incorrect answers

— and tend to be overly agreeable when users push back. The presenters encouraged audiences to treat AI as a useful but imperfect tool, and to verify medical information with a qualified clinician. Drs. Collins and Foster continue to offer talks at continuing care retirement communities and welcome inquiries through MLCRA.

*Using a transcript of their presentation, Dr. Foster used Claude AI to create the original version of this article, saving the Patriot editor significant time and reducing the risk of errors!*



## About the Speakers:



Judith Ann Foster received her BA degree in chemistry from Newton College of the Sacred Heart and her doctorate in Biochemistry from the Division of Medical Sciences at Boston University School of Medicine. She has held faculty positions in a number of universities, including serving as Chair of the Biology Department at Syracuse University and Assistant Chair of the Biochemistry Department at Boston University School of Medicine. Her research focuses on connective tissue proteins which play an important role in cardiovascular and pulmonary tissues. She is the past President of the Resident Council at The Commons and is very involved in the instruction and implementation of technology in the community.

Keith Collins went to MIT thinking he would become a physicist, but discovered he was more interested in people than in particles and so became a physician instead. He was Chief Information Officer for the UMass Chan Medical School, then CEO of several health care companies, and now is happily working at his “retirement job” as a Board-Certified Internist and primary care physician for the Beth Israel Lahey Health System.

Judi and Keith are residents of The Commons in Lincoln. They became friends years ago, when they realized they shared common interests in the fitness, nutrition and health of seniors. Both recognize that they are seniors themselves and are experiencing the consequences of age. They began publishing a fitness newsletter that combined their clinical and scientist viewpoints on a number of medically pertinent topics. These articles have led to giving lectures on these topics and sharing this information with other senior communities. They recently have formed an Artificial Intelligence Group at The Commons and now are giving a lecture on What Is Artificial Intelligence And How Can It Help Us As Seniors. ◆

## President's Message

*By Caroline Jacobs, The Commons in Lincoln*



The highlight of this past quarter was our 2026 MLCRA Annual Meeting held May 4 on Zoom. Once again Drs. Foster and Collins joined us, and they provided a fascinating look at some of the ways that AI is

improving our lives behind the scenes. Their presentation, along with the Business Meeting is available on the MLCRA website [mlcra.org](http://mlcra.org)

I would like to highlight two of the business reports — Finance, and Bylaws updates. Allison reported that our revenue (dues and interest) is no longer keeping pace with increasing expenses. The Board will be looking at ways to boost membership as well as ways to cut costs. One example of

the latter is to give members the option to opt out of print copies of the Patriot. While many of the proposed ByLaws updates were mundane, the introduction of term limits is significant. We have started the process that we hope will improve succession for leadership roles.

MLCRA is part of the national association of MLCRA-like organizations, NaCCRA. Our very own Jean Stringham was elected to the NaCCRA board. See the article on page 6 for more information.

It promises to be a challenging year ahead as the field of long-term care is growing and changing but we all look forward to continuing to support the quality of life for residents in retirement communities in Massachusetts.

Wishing you all a happy and healthy summer! ♦

## MCLRA Election

The Election Slate from the Nominating Committee:

**President:** Caroline Jacobs, The Commons in Lincoln

**Vice President for Membership:** Christine Griffin, Linden Ponds

**Vice President, Advocacy & Education:** David VanArsdale, Edgewood

**Treasurer:** Allison Dolan, Brooksby Village

**Recording Secretary:** Marguerite Horn, Loomis Lakeside at Reeds Landing

**Corresponding Secretary:** Mary-Louise Eggiman, Southgate at Shrewsbury

**At-large members:** Paul Blass, NewBridge on the Charles, Dedham; Marcia Bradley, Newbury Court (new); Cynthia Childs, The Overlook (new); Cyrus Hopkins, Brookhaven at Lexington; Ken Kerber, The Briarwood (new); Steve Straus, Orchard Cove

The Election Slate was voted on via Zoom poll, and was approved as presented. The meeting was adjourned. ♦

# MLCRA Business Meeting 5/4/2026 — Summary

## Membership and Community

### Conversations (incl. RAC Presidents):

Chris Griffin, VP for Membership, reviewed our current membership profile which stood at 1,147 members. Renewals, however, were running behind previous years. Chris also reviewed the key benefits of a MLCRA membership: the more members we have, the stronger our collective voice for industry interests, especially at the state level, and the ability to connect with others, share insights, and engage in meaningful discussions. Community Conversations are an example of those discussions. A Conversation re: Dining is planned for June. Caroline Jacobs, President, reported on a special Community Conversation that included RAC Presidents/Chairs.

**Advocacy & Education:** Dave VanArsdale, VP for Advocacy & Education, noted that the Full Disclosure Bill for CCRC Admission Fee refund (S478) was referred to the Senate Committee on Ways and Means; the hope is that this no-cost bill will pass. MLCRA has long advocated for prospects to see a statement of how the CCRC admission fee will be refunded prior to paying the full entrance fee or at the time when a specific unit is reserved. The Assisted Living Commission report in January was approved by the Governor and recommendations were sent to the Office on Aging and Independence. Recommendations included improved fire safety and improved consumer protections following the Fall River, Gabriel House fire. The commission also recommended stronger

staffing requirements for Assisted Living facilities.

**Financial Report:** Allison Dolan, Treasurer, reported that our 2025 income (dues and bank interest) of \$12,725 was a decline from 2024, and didn't cover our 2025 increased operational costs of \$15,823; we drew upon our reserves. The Board will be looking at membership recruitment as well as cost savings opportunities. The biggest expense is the Patriot — this quarterly publication continues to be key in communicating with existing members and attracting new members. The Patriot depends on the membership database which is managed by our Digital Consultant, Allen Broughton. He also manages the robust MLCRA website, [mlcra.org](http://mlcra.org), which has links to advocacy, past Patriots, as well as membership information.

**Proposed Bylaws Updates:** Chris Griffin summarized several proposed wording changes to MLCRA's bylaws. The bylaws have not been updated since 2018; some changes simply reflect current reality. The Board will now determine when a community qualifies as 'active'. The status of the community does not alter individual memberships. In order to provide for more orderly leadership changes, term limits have been introduced. The terms of directors shall be staggered so that approximately one-third of the board of directors is elected each year.

The recording of the meeting is available on [mlcra.org](http://mlcra.org). ♦

---

**“There are some things you learn best in calm, and some in storm”**

— Willa Cather

## New at-large MLCRA Board members, May 2026



**Cynthia Childs** and her husband moved to The Overlook in June 2020 having lived 20 years in Rindge, NH and 20 years in Sterling, MA. She spent her career in health care service and management. Recent community service included: Rindge Zoning Board member, Church Moderator, Chairman of the Rindge Food Pantry and co-chair of a “Got Lunch Program”. At The Overlook she was the secretary and later President of the Resident Council. She is also currently on The Overlook Welcome Committee, The Scholarship Committee and the Volunteer Engagement Committee. Cynthia was on the MLCRA board previously but had to resign for personal reasons and is now looking forward to returning to the board. Her hobbies include knitting, quilting, rug hooking and card making.



**Ken Kerber** moved to Briarwood in January 2023. This March he completed one-year as Briarwood Residents Association (B.R.A) president. He previously served as vice-president and is now past president on the B.R.A. Executive Board. Ken co-chairs the Art Gallery Committee for The Gallery at Briarwood and coordinates monthly Men’s Breakfast Programs. Ken previously volunteered for over two years as chair of the Advisory Council at the Worcester Institute for Senior Education (WISE). Ken is an organizational psychologist who operated

his consulting and training business for the last 20 years of his career serving over 80 clients in various industries. He also taught graduate organizational behavior courses part-time in the business schools at four Boston and MetroWest universities.



**Marcia Bradley** has been a resident of Newbury Court since June of 2011. She moved from Cape Cod where she had lived for more than 30 years; she raised two sons there and had a career in public education as a teacher and administrator at several levels. She also taught courses at Lesley University, UMass Boston, Salem State University and Fitchburg University. Marcia served on several governing boards including Cape & Islands Housing Association, non-profit counseling service organizations, Youth Support Services through the court system etc. After retiring from

public education Marcia traveled around the country for 12 years as a consultant with a small foundation, eventually working in 15 different states. At Newbury Court, Marcia has been a member of almost every committee. The opportunity to join the MLCRA Board is appealing and she looks forward to this new adventure ♦

# Membership in NaCCRA: the National Continuing Care Residents Association, NaCCRA

*By Jean Stringham, NaCCRA Board Member and Past President of MLCRA*



*The people in the photo are left to right: NaCCRA's Vice President Richmond Shreve, President Luana Pinasco, and Board Member Jean Stringham at the Leading Age National Conference in Boston, November 3, 2025*

Like MLCRA, NaCCRA is a mouthful to pronounce! The name is similar to MLCRA and stands for the National Continuing Care Residents Association. Established in 1999, it is a 501(c)(3) tax-exempt organization

with about 1,650 individual members across 38 states and more than 440 senior residential communities. MLCRA is a state member of NaCCRA. Last year, I was appointed to the Board of Directors, and I was recently elected to a two-year term.

NaCCRA's goals are similar to MLCRA's — to promote, protect, and improve the lives of those living in continuing care residential communities and other life care communities. They have an excellent website at [www.NaCCRA.com](http://www.NaCCRA.com), where everyone can find many resources, articles, forum discussions, and information related to senior living. Two examples are The Consumer Guide and a

Model Bill of CCRC Residents' Rights. To access more information for members, you can join NaCCRA online for \$25 a year. A key resource is LifeLine, the quarterly national newsletter with useful information on trends impacting senior living.

Governance and residents on boards are important topics we follow and advocate for. This past year, NaCCRA has also become involved in issues such as immigration and workforce shortages. NaCCRA hosts webinars on topics such as the climate crisis, dementia, and caregiving. Webinars can be viewed on NaCCRA's YouTube media channel at <http://www.youtube.com/@NaCCRA-Media>.

In addition, NaCCRA collaborates with LeadingAge at the national level. Last November, our president, Luana Pinasco, led a panel discussion titled "Engage Residents as Partners to Help Your Community Thrive" at the LeadingAge Fall Annual Meeting in Boston. This April, NaCCRA participated in a panel titled "How is Your State Protecting LPC Consumers?" at LeadingAge's Spring Leadership Summit in Washington, D.C.

I am pleased that MLCRA is part of NaCCRA, a large association of CCRCs that collaborates with other states at the national level. Please contact me at [jean.stringham@gmail.com](mailto:jean.stringham@gmail.com) if you have any questions about NaCCRA membership. ♦

## Celebrating Passover and Easter with Southgate

By Peter Cotton, Southgate



*Photo: Devorah Weiss. Peter Cottontail and Leslie Cotton greet residents at a table filled with cheese, crackers, and shrimp at the Easter brunch, sharing in the cheerful spirit of the day.*

This spring brought warmth, music, tradition, and a touch of whimsy to Southgate at Shrewsbury as we celebrated both Passover and Easter together.

In honor of Passover, residents of all denominations gathered for a special program

with our weekly group, Exploring Jewish Culture, led by Rabbi Suri Krieger. With guitar in hand, Rabbi Suri led us in song, creating a meaningful and uplifting atmosphere. Music has a way of bringing people together, and this gathering gave us a wonderful opportunity

to reflect, learn, and celebrate Jewish heritage in a warm, welcoming setting.

Easter Sunday brought another joyful occasion with Southgate's festive Easter brunch. Residents and guests enjoyed a delicious spread, along with an assortment of tempting desserts that made the celebration even sweeter. Adding to the fun was a surprise appearance by the Easter Bunny — who was none other than me, Southgate resident Peter Cotton. And yes, that is my real name. My wife, Leslie, joined me as my helper, making sure I didn't trip over chairs with my oversized rabbit feet. Judging by the smiles and laughter — especially when I revealed who was inside the costume — I was a hit with adults and children alike.

From the heartfelt songs of Passover to the fun of Easter brunch, Southgate once again showed that community life is at its best when traditions are shared together. ♦

---

## Did You Know...

The connection between diet and sleep is so strong that eating well should be part of your sleep strategy. Inflammation can adversely affect sleep and ultraprocessed foods (UPFs) have been linked to inflammation. Every 10% increase in the amount of UPFs was associated with a 5-9% higher insomnia risk. Diet high in fruits, veggies, legumes, and whole grains, such as the Mediterranean diet, offer fiber, which helps damp down inflammation, which helps sleep. Certain fats, like olive oil, are considered anti-inflammatory. Some foods, like tomatoes and walnuts are a natural source of melatonin, while others, like legumes and leafy greens have tryptophan, the precursor to melatonin. Healthy levels of B6, magnesium, zinc and D are all linked to melatonin production.

# Briarwood Residents Association 40th Anniversary

## March 13, 1986 – March 13, 2026

*By Lynda Skerry, The Briarwood Community*

At the Briarwood Community in Worcester, the Briarwood Residents Association (B.R.A.) was born in March of 1986 when officers were elected. The then-new Community Center opened on May 14, 1986 with a pot-luck supper and monthly meetings of the B.R.A. have been held ever since.

The B.R.A. initially planned trips off campus, programs that followed pot luck suppers and other activities and notified residents through a cluster system. Soon the Briarwood Breeze, a monthly newsletter, was published to keep residents informed of planned activities and other information about events in the community.

“Lend-a-hand” was the first organized group within the B.R.A. Thirteen men provided handyman services to new residents as they settled into their cottages. B. R. A. by-laws were first adopted in 1990 and additional committees were included. The current list includes Hospitality, Mentors, Knollwood (nursing home) Visitation, Reserve Fund,



Dining Forum, and Building and Grounds Forum.

Brown bag lunches were organized on holidays and an annual ice cream social in the summer was added to the calendar. There have been game nights, movie nights, croquet, games and trips to concerts at local venues.

Campus expansion added an auditorium which became available for the B.R.A. monthly meetings. A Staff Appreciation Fund was established to provide appreciation for the services of the staff throughout the year. Also the Briarwood Broadcasting Committee was organized to provide improved communication including videography and on-campus broadcasting of community meetings and special presentations and performances. The B. R. A. publishes a Residents Directory which provides a bio of each resident.

The B.R.A. works closely with management and our Board of Directors (the Salem Community Corporation) to maintain a strong community. ♦

---

## Authors in Residence in CCRCs

We know from past Patriots that there are many talented residents in Massachusetts CCRCs - artists, artisans, crafters, actors, musicians and others. This piece highlights a few of the many authors in residence. The descriptions are generally excerpts or paraphrasing from Amazon.

### **Brooksby Village**

Martha Gilfeather – *My Children Are My Parents* – over 60 delightful poems about aging and living in a CCRC. Each poem is accompanied by an AI-generated illustration prompted by another resident. Published in 2026.

Frank Huntington – *Making It Up as They Go Along: Stories the Supreme Court Tells about the Constitution* – a hefty tome that covers SCOTUS for 230 years, and how the justices have been supplying their own meanings to their decisions.

### **Edgewood**

Jeannie Nicholas – *Kalayla* – about three families, one Irish, one Italian and one black, confronting the legacy of the past in 1999 Cambridge, MA. Also, *Kalayla: Unraveling Tangles*.

### **Lasell Village**

Margery Hutter Silver – *Light in Dark Spaces* – poems about everyday subjects: Nature, Animals, Family, Aging, and Loss.

Lotte Bailyn, et al – *Retiring: Creating a Life That Works for You* – this book covers identity issues, relationship challenges, and questions about creating a new retirement life structure by way of the detailed retirement transition stories and interviews of many people.

### **Linden Ponds**

Linda K. Kerber – *No Constitutional Right to Be Ladies: Women and the Obligations of Citizenship* – redefines women’s history in the United States by focusing on civic obligations rather than rights from the Revolution, when married women did not have the same obligation as their husbands to be “patriots,” up to the present.

Charles E. Soule – *Coincidences? (Misadventures of Jack Kendrick)* – A dead person is not so dead. Professional photographer and amateur detective, Jack Kendrick, follows his curiosity too far. Part of a series based in Nantucket.

### **Newbury Court**

James Herbert – *To Jonah, When You Are Twenty-five: Taking jobs seriously* – written as a collection of letters twenty- and thirtysomethings, this reflective memoir offers grandfatherly advice on how and why to take jobs seriously.

Margaret Yamamoto – *Yamamoto: A Family Story* – a portrait of an American family, beginning more than 300 years ago in a small village in Japan through their immigration to America in the 1920s, their incarceration in an American concentration camp, and subsequent rebuilding of their lives.

### **Southgate**

John McClymer – *The Birth of Modern America 1914-1945: Paradox and Disillusionment* – looks at the origins of the culture wars of modern America and how Americans struggled with modernity in both its cultural and economic forms between the start of World War I and the end of World War II, focusing on the 1920s through 1930s.

Helena Leet-Pellegrini – *Living, Laughing, Loving Out Loud: Stories from the Heart* – an award-winning storyteller, Helena shares stories from her own life and family, trials and triumphs and demonstrates how we are all part of human beings being human. ♦

**“Be kind whenever possible. It is always possible”**

— Dalai Lama

## MLCRA Board and Resident Associations

*MLCRA represents about 1,000 older residents throughout Massachusetts. Its membership includes individual resident members and 17 Resident Associations*

### BOARD OF DIRECTORS

#### President

##### **Caroline Jacobs**

The Commons in Lincoln  
781-430-6119  
[c.jacobs57@gmail.com](mailto:c.jacobs57@gmail.com)

#### Vice President for Membership

##### **Christine Griffin**

Linden Ponds  
978-609-2516  
[cmg195566@gmail.com](mailto:cmg195566@gmail.com)

#### Vice President for Advocacy and Education

##### **David VanArsdale**

Edgewood  
978-655-8345  
[vanarsdale@mlcra.org](mailto:vanarsdale@mlcra.org)

#### Treasurer

##### **Allison Dolan**

Brooksby Village  
978-587-2955  
[allisondolan77@gmail.com](mailto:allisondolan77@gmail.com)

#### Recording Secretary

##### **Maggie Horn**

Loomis Lakeside at Reeds  
Landing  
413-783-0420  
[magweet@gmail.com](mailto:magweet@gmail.com)

#### Corresponding Secretary

##### **Mary-Louise Eggimann**

Southgate at Shrewsbury  
508-925-5745  
[mleggimann@yahoo.com](mailto:mleggimann@yahoo.com)

#### MEMBERS-AT-LARGE

##### **Paul Blass**

Newbridge on the Charles  
508-259-7637  
[pbllass330@gmail.com](mailto:pbllass330@gmail.com)

##### **Marcia Bradley**

Newbury Court  
508-737-3688  
[bradma40@gmail.com](mailto:bradma40@gmail.com)

##### **Cynthia Childs**

The Overlook  
508-434-2824 or 978-697-6460  
[cchilds\\_rindge@yahoo.com](mailto:cchilds_rindge@yahoo.com)

##### **Cyrus Hopkins**

Brookhaven at Lexington  
781-538-4091  
[cyrushopkins@gmail.com](mailto:cyrushopkins@gmail.com)

##### **Ken Kerber**

Briarwood  
774-239-1391  
[kenkerber@charter.net](mailto:kenkerber@charter.net)

##### **Steve Straus**

Orchard Cove  
339-987-0429  
[stephen.straus@comcast.net](mailto:stephen.straus@comcast.net)

#### WEBMASTER – Consultant

##### **Allen Broughton**

[admin@mlcra.org](mailto:admin@mlcra.org)

#### PATRIOT Staff

**Allison Dolan**, Editor

**Suzette Barbier**, Design and  
Layout

#### ACTIVE MLCRA COMMUNITY MEMBERS

**Brookhaven at Lexington**

**Brooksby Village**, Peabody

**Edgewood**, North Andover

**Lasell Village**, Newton

**Linden Ponds**, Hingham

**Loomis Lakeside at Reeds  
Landing**, Springfield

**NewBridge on the Charles**,  
Dedham

**Newbury Court**, Concord

**Orchard Cove**, Canton

**Sophia Snow Place**,  
West Roxbury

**Southgate at Shrewsbury**

**Springhouse**, Jamaica Plain

**The Briarwood Community**,  
Worcester

**The Commons in Lincoln**

**The Overlook**, Charlton

**The Willows at Westborough**

**The Willows at Worcester**

---

### The Massachusetts Patriot

The Massachusetts Patriot is the quarterly newsletter of the Massachusetts Life Care Residents Association (MLCRA). As the residents' voice, the Patriot covers news about Massachusetts retirement communities, monitors laws and regulations that affect residents of retirement communities, and serves as an advocate for residents' rights. **Readers are encouraged to send articles, topics of interest, comments and questions to:** Allison Dolan, Patriot Editor, [allisondolan77@gmail.com](mailto:allisondolan77@gmail.com) or 978-587-2955

**Massachusetts Life Care Residents Association**  
**MLCRA Membership Application/Renewal Form for 2026-2027**

Date: \_\_\_\_\_

Name(s) of member(s): \_\_\_\_\_

Check here if this is a renewal. (The date on mailing label is when your current membership expires.)

**IF YOU ARE A NEW MEMBER: fill in information below; or attach a personal address label. If you are an existing member: fill in only if you are making changes.**

Street: \_\_\_\_\_ Apt. # \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Email: \_\_\_\_\_ (for MLCRA purposes only)

Your Retirement Community: \_\_\_\_\_

**Dues for New Members and Renewals - Circle your choice.**

1 year (expires 12/31/2027)      \$15 (individual/household)

5 year (expires 12/31/2031)      \$75 (individual/household)

Lifetime Membership      \$150 (individual/household)

**Please make checks payable to MLCRA.**

*If your community is having a membership drive, please give this form with your check to your MLCRA representative; otherwise mail form and check to:*

Allison Dolan, Treasurer  
 104 Brooksby Village Drive, Unit 405  
 Peabody, MA 01960

Alternatively, go to [mlcra.org/join-mlcra](http://mlcra.org/join-mlcra) to pay by credit card.



*Celebrating America's 250th Anniversary 1776-2026!*



## Massachusetts Life Care Residents Association

Allison Dolan, Editor  
Brooksby Village  
104 Brooksby Village Drive, Unit 405  
Peabody, MA 01960

**NOTE: The date next to your name on the mailing label above indicates when your membership expires.**

<p>Join MLCRA now to maintain your quality of life!</p>	<p><b>What is the Massachusetts Life Care Residents Association?</b> <i>The voice of residents of Continuing Care Retirement Communities</i></p> <p>The Massachusetts Life Care Residents Association (MLCRA) was founded in 1998. MLCRA is a state-wide non-profit volunteer organization with 501(c)(3) status. It represents individual members and resident associations located in non-profit and for-profit retirement communities known as Continuing Care Retirement Communities (CCRCs) or Life Care Communities. These communities are also sometimes referred to as Life Plan Communities. They provide facilities and services for independent living and assisted living/skilled nursing care or both.</p> <p>The general purposes of MLCRA are communication, education, advocacy, and collaboration with members, resident associations and other organizations to support the well-being of seniors living in retirement communities. MLCRA is the Massachusetts Chapter of the National Continuing Care Residents Association (NaCCRA).</p> <p>MLCRA recognizes and respects the common interests of residents and management. It supports efforts to promote a mutually beneficial relationship. When the interests of management and residents occasionally diverge, MLCRA serves as the residents' advocate.</p>
---	--